



MAKING THE MOST OF IT

BEAU VERNON

“Everyone has ups and downs. We have a choice to either move forward or wonder why me.”

In 2012 at the age of 23 Beau Vernon’s life changed forever. A passionate sportsman, Beau was left a quadriplegic following a freak accident whilst playing AFL.

His story will inspire and motivate you.

After a freak accident in 2012 Beau was left with no movement from the chest down.

During his 8 months of living in hospital and rehabilitation Beau faced many physical and emotional battles. He worked fearlessly to make the most of his limited upper body movement. Not one to sit still, Beau has moved forward with his life, using his accident as a tool to strengthen his resilience and to help others. He has since completed a Bachelor of Business, worked at the AFL, got married, had a kid, won a Hand Cycling National Championship, and has returned to the sport he loves, Aussie Rules, as the Senior Head Coach of the Leongatha FC. Beau has led the Leongatha senior side from the bottom end of the ladder to consecutive Grand Finals in his first two years as Coach.

DATE: Wednesday 7th March, 2018

TIME: 7.15am - 9.00am

VENUE: Eastern Innovation Business Centre
5a Hartnett Cl, Mulgrave VIC

REGISTRATION & INFO

Register to attend seminar

abcountrywide.com.au/seminars



Places are limited - Book Today!!

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